230207_HEM-7143T1-AP_IM1_OH-IM_en_zhtw_ko_my_hi.fm Page 1 Wednesday, March 8, 2023 11:03 AM

Instruction Manual 1

OMRON

5653098-8F

Automatic Blood Pressure Monitor

Model HEM-7143T1

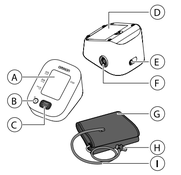
English

Read Instruction manual ① and ② before use.

For symbols information, refer to "Symbols Description" on the back side of the another "Instruction manual①".

All for Healthcare

CE0197



Ⓐ **Display**
Ⓑ **[Connection] (Memory) button**
Ⓒ **[START/STOP] button**
Ⓓ **Battery compartment**
Ⓔ **AC adapter jack**
Ⓕ **Air jack**
Ⓖ **Arm cuff**
Ⓗ **Air plug**
Ⓘ **Air tube**

Introduction

Thank you for purchasing the OMRON Automatic Blood Pressure Monitor. This blood pressure monitor uses the oscillometric method of blood pressure measurement. This means this monitor detects your blood movement through your brachial artery and converts the movements into a digital reading.

Safety Instructions

This instruction manual provides you with important information about the OMRON Automatic Blood Pressure Monitor. To ensure the safe and proper use of this monitor, READ and UNDERSTAND all of these instructions. **If you do not understand these instructions or have any questions, contact your local OMRON representative before attempting to use this monitor. For specific information about your own blood pressure, consult with your physician.**

Intended Use

This device is a digital monitor intended for use in measuring blood pressure and pulse rate in the adult patient population. This monitor detects the appearance of irregular heartbeats during measurement and indicates this via a symbol with measurement result. It is mainly designed for general household use.

Receiving and Inspection

Remove this monitor from the packaging and inspect for damage. If this monitor is damaged, DO NOT USE and consult with your local OMRON representative.

Important Safety Information

Read the Important Safety Information in this instruction manual before using this monitor. Follow this instruction manual thoroughly for your safety.
Keep for future reference. For specific information about your own blood pressure, CONSULT WITH YOUR PHYSICIAN.

⚠Warning **Indicates a potentially hazardous situation which, if not avoided, could result in death or serious injury.**

- **DO NOT use this monitor on infants, toddlers, children or persons who cannot express themselves.**
- **DO NOT adjust medication based on readings from this blood pressure monitor. Take medication as prescribed by your physician. ONLY a physician is qualified to diagnose and treat high blood pressure.**
- **DO NOT use this monitor on an injured arm or an arm under medical treatment.**
- **DO NOT apply the arm cuff on your arm while on an intravenous drip or blood transfusion.**
- **DO NOT use this monitor in areas containing high frequency (HF) surgical equipment, magnetic resonance imaging (MRI) equipment, computerized tomography (CT) scanners. This may result in incorrect operation of the monitor and/or cause an inaccurate reading.**
- **DO NOT use this monitor in oxygen rich environments or near flammable gas.**
- **Consult with your physician before using this monitor if you have common arrhythmias such as atrial or ventricular premature beats or atrial fibrillation; arterial sclerosis; poor perfusion; diabetes; pregnancy; pre-eclampsia or renal disease. NOTE that any of these conditions in addition to patient motion, trembling, or shivering may affect the measurement reading.**
- **NEVER diagnose or treat yourself based on your readings. ALWAYS consult with your physician.**
- **To help avoid strangulation, keep the air tube and AC adapter cable away from infants, toddlers and children.**
- **This product contains small parts that may cause a choking hazard if swallowed by infants, toddlers and children.**

Data Transmission

- **This product emits radio frequencies (RF) in the 2.4 GHz band. DO NOT use this product in locations where RF is restricted, such as on an aircraft or in hospitals. Turn off the Bluetooth® feature in this monitor, remove batteries and/or unplug the AC adapter when in RF restricted areas.**

AC Adapter (optional accessory) Handling and Usage

- **DO NOT use the AC adapter if this monitor or the AC adapter cable is damaged. If this monitor or the cable is damaged, turn off the power and unplug the AC adapter immediately.**
- **Plug the AC adapter into the appropriate voltage outlet. DO NOT use in a multi-outlet plug.**
- **NEVER plug in or unplug the AC adapter from the electric outlet with wet hands.**
- **DO NOT disassemble or attempt to repair the AC adapter.**

Battery Handling and Usage

- **Keep batteries out of the reach of infants, toddlers and children.**

⚠Caution **Indicates a potentially hazardous situation which, if not avoided, may result in minor or moderate injury to the user or patient, or cause damage to the equipment or other property.**

- **Stop using this monitor and consult with your physician if you experience skin irritation or discomfort.**
- **Consult with your physician before using this monitor on an arm where intravascular access or therapy, or an arteriovenous (A-V) shunt, is present because of temporary interference to blood flow and could result in injury.**
- **Consult with your physician before using this monitor if you have had a mastectomy.**
- **Consult with your physician before using this monitor if you have severe blood flow problems or blood disorders as cuff inflation can cause bruising.**
- **DO NOT take measurements more often than necessary because bruising, due to blood flow interference, may occur.**
- **ONLY inflate the arm cuff when it is applied on your upper arm.**
- **Remove the arm cuff if it does not start deflating during a measurement.**
- **DO NOT use this monitor for any purpose other than measuring blood pressure.**
- **During measurement, make sure that no mobile device or any other electrical device that emit electromagnetic fields is within 30 cm of this monitor. This may result in incorrect operation of the monitor and/or cause an inaccurate reading.**
- **DO NOT disassemble or attempt to repair this monitor or other components. This may cause an inaccurate reading.**
- **DO NOT use in a location where there is moisture or a risk of water splashing this monitor. This may damage this monitor.**
- **DO NOT use this monitor in a moving vehicle such as in a car or on an aircraft.**
- **DO NOT drop or subject this monitor to strong shocks or vibrations.**
- **DO NOT use this monitor in places with high or low humidity or high or low temperatures. Refer to section 3.**
- **During measurement, observe the arm to ensure that the monitor is not causing prolonged impairment to blood circulation.**
- **DO NOT use this monitor in high-use environments such as medical clinics or physician offices.**
- **DO NOT use this monitor with other medical electrical (ME) equipment simultaneously. This may result in incorrect operation of the devices and/or cause an inaccurate reading.**
- **Avoid bathing, drinking alcohol or caffeine, smoking, exercising and eating for at least 30 minutes before taking a measurement.**
- **Rest for at least 5 minutes before taking a measurement.**
- **Remove tight-fitting or thick clothing from your arm while taking a measurement.**
- **Remain still and DO NOT talk while taking a measurement.**
- **ONLY use the arm cuff on persons whose arm circumference is within the specified range of the cuff.**
- **Ensure that this monitor has acclimated to room temperature before taking a measurement. Taking a measurement after an extreme temperature change could lead to an inaccurate reading. OMRON recommends waiting for approximately 2 hours for the monitor to warm up or cool down when the monitor is used in an environment within the temperature specified as operating conditions after it is stored either at the maximum or at the minimum storage temperature. For additional information on operating and storage/transport temperature, refer to section 3.**
- **DO NOT use this monitor after the durable period has ended. Refer to section 3.**
- **DO NOT crease the arm cuff or the air tube excessively.**
- **DO NOT fold or kink the air tube while taking a measurement. This may cause an injury by interrupting blood flow.**
- **To unplug the air plug, pull on the plastic air plug at the base of the tube, not the tube itself.**
- **ONLY use the AC adapter, arm cuff, batteries and accessories specified for this monitor. Use of unsupported AC adapters, arm cuffs and batteries may damage and/or may be hazardous to this monitor.**
- **ONLY use the approved arm cuff for this monitor. Use of other arm cuffs may result in incorrect readings.**
- **Inflating to a higher pressure than necessary may result in bruising of the arm where the cuff is applied. NOTE: refer to "If your systolic pressure is more than 210 mmHg" in section 8 of instruction manual ② for additional information.**

Data Transmission

- **DO NOT place batteries or unplug the AC adapter while your readings are being transferred to your smart device. This may result in incorrect operation of this monitor and failure to transfer your blood pressure data.**

AC Adapter (optional accessory) Handling and Usage

- **Fully insert the AC adapter into the outlet.**
- **When unplugging the AC adapter from the outlet, be sure to safely pull from the AC adapter. DO NOT pull from the AC adapter cable.**
- **When handling the AC adapter cable:**
  DO NOT damage it.
  DO NOT break it.
  DO NOT tamper with it.
  DO NOT pinch it.
  DO NOT forcibly bend or pull it.
  DO NOT twist it.
  DO NOT use it if it is gathered in a bundle.
  DO NOT place it under heavy objects.
- **Wipe any dust off of the AC adapter.**
- **Unplug the AC adapter when not in use.**
- **Unplug the AC adapter before cleaning this monitor.**

Battery Handling and Usage

- **DO NOT insert batteries with their polarities incorrectly aligned.**
- **ONLY use "AA" alkaline or manganese batteries with this monitor. DO NOT use other types of batteries. DO NOT use new and used batteries together. DO NOT use different brands of batteries together.**
- **Remove batteries if this monitor will not be used for a long period of time.**
- **If battery fluid should get in your eyes, immediately rinse with plenty of clean water. Consult with your physician immediately.**
- **If battery fluid should get on your skin, wash your skin immediately with plenty of clean, lukewarm water. If irritation, injury or pain persists, consult with your physician.**
- **DO NOT use batteries after their expiration date.**
- **Periodically check batteries to ensure they are in good working condition.**

General Precautions

- When you take a measurement on the right arm, the air tube should be at the side of your elbow. Be careful not to rest your arm on the air tube.

- Blood pressure may differ between the right and left arm, and may result in a different measurement value. Always use the same arm for measurements. If the values between both arms differ substantially, check with your physician on which arm to use for your measurements.
- When using an optional AC adapter, make sure not to place your monitor in a location where it is difficult to plug and unplug the AC adapter.
- To stop a measurement, press the [START/STOP] button while taking a measurement.

Battery Handling and Usage

- Disposal of used batteries should be carried out in accordance with local regulations.
- The supplied batteries may have a shorter life span than new batteries.

1. Error Messages and Troubleshooting

If any of the below problems occur during measurement, check to make sure that no other electrical device is within 30 cm. If the problem persists, please refer to the table below.

Display/ Problem	Possible Cause	Solution
The [START/STOP] button was pressed while the arm cuff is not applied.	Press the [START/STOP] button again to turn the monitor off.
Air plug is not completely plugged into the monitor.	Insert the air plug securely.
The arm cuff is not applied correctly.	Apply the arm cuff correctly, then take another measurement. Refer to section 6 of instruction manual ②.
Air is leaking from the arm cuff.	Replace the arm cuff to the new one. Refer to section 12 of instruction manual ②.
You move or talk during a measurement and the arm cuff does not inflate sufficiently.	Remain still and do not talk during a measurement. If "E2" appears repeatedly, inflate the arm cuff manually until the systolic pressure is 30 to 40 mmHg above your previous readings. Refer to section 8 of instruction manual ②.
Due to the systolic pressure is above 210 mmHg, a measurement cannot be taken.	
The arm cuff is inflated exceeding the maximum allowable pressure.	Do not touch the arm cuff and/or bend the air tube while taking a measurement. If inflating the arm cuff manually, refer to section 8 of instruction manual ②.
You move or talk during a measurement. Vibrations disrupt a measurement.	Remain still and do not talk during a measurement.

Display/ Problem	Possible Cause	Solution
appears	The pulse rate is not detected correctly.	Apply the arm cuff correctly, then take another measurement. Refer to section 6 of instruction manual ②. Remain still and sit correctly during a measurement.
appears		
does not flash during a measurement		If the "" symbol continues to appear, we recommend you to consult with your physician.
appears	The monitor has malfunctioned.	Press the [START/STOP] button again. If "Er" still appears, contact your local OMRON representative.
appears	The monitor cannot connect to a smart device or transmit data correctly.	Follow the instructions shown in the "OMRON connect" app. If the "Err" symbol still appears after checking the app, contact your local OMRON representative.
flashes	The monitor is waiting for pairing with the smart device.	Refer to section 5 of instruction manual ② for pairing your monitor with your smart device, or press the [START/STOP] button to cancel pairing and turn your monitor off.
flashes	More than 24 readings are not transferred.	Pair or transfer readings to the "OMRON connect" app so you can keep them in memory in the app, and this error symbol disappears.
flashes	Your monitor is not paired or not connected with your smart device.	
appears	There are 30 readings in memory to be transferred.	
flashes	Batteries are low.	Replacing all 4 batteries with new ones is recommended. Refer to section 3 of instruction manual ②.
and appears or the monitor is turned off unexpectedly during a measurement.	Batteries are depleted.	Immediately replace all 4 batteries with new ones. Refer to section 3 of instruction manual ②.
	Batteries are depleted.	
Nothing appears on the display of the monitor.	Battery polarities are not properly aligned.	Check the battery installation for proper placement. Refer to section 3 of instruction manual ②.
Readings appear too high or too low.	Blood pressure varies constantly. Many factors including stress, time of day, and/or how you apply the arm cuff, may affect your blood pressure. Review section 2 of instruction manual ②.	
Any other communication issue occurs.	Follow the instructions shown in the smart device, or visit the "Help" section in the "OMRON connect" app for further help. If the problem still persists, contact your local OMRON representative.	
Any other problems occur.	Press the [START/STOP] button to turn the monitor off, then press it again to take a measurement. If the problem continues, remove all batteries and wait for 30 seconds. Then re-install batteries. If the problem still persists, contact your local OMRON representative.	

2. Maintenance

2.1 Maintenance

To protect your monitor from damage, follow the directions below:

- Changes or modifications not approved by the manufacturer will void the user warranty.

⚠Caution

- DO NOT disassemble or attempt to repair this monitor or other components. This may cause an inaccurate reading.

2.2 Storage

Keep your monitor in the storage case when not in use.

1. Remove the arm cuff from the monitor.

⚠Caution

- To unplug the air plug, pull on the plastic air plug at the base of the tube, not the tube itself.

2. Gently fold the air tube into the arm cuff.

Note

- Do not bend or crease the air tube excessively.

3. Place your monitor and other components in the storage case.

Do not store your monitor and other components:

- If your monitor and other components are wet.
- In locations exposed to extreme temperatures, humidity, direct sunlight, dust or corrosive vapors such as bleach.
- In locations exposed to vibrations or shocks.

2.3 Cleaning

- Do not use any abrasive or volatile cleaners.
- Use a soft dry cloth or a soft cloth moistened with mild (neutral) detergent to clean your monitor and arm cuff and then wipe them with a dry cloth.
- Do not wash or immerse your monitor and arm cuff or other components in water.
- Do not use gasoline, thinners or similar solvents to clean your monitor and arm cuff or other components.

2.4 Calibration and Service

- The accuracy of this blood pressure monitor has been carefully tested and is designed for a long service life.
- It is generally recommended to have the unit inspected every two years to ensure correct functioning and accuracy. Please consult your authorised OMRON dealer or the OMRON Customer Service at the address given on the packaging or attached literature.

3. Specifications

Product description	Automatic Blood Pressure Monitor
Model	HEM-7143T1
Display	LCD digital display
Cuff pressure range	0 ~ 299 mmHg
Blood pressure measurement range	SYS: 60 to 260 mmHg DIA: 40 to 215 mmHg
Pulse measurement range	40 to 180 beats / min.
Accuracy	Pressure: ±3 mmHg Pulse: ±5% of display reading
Inflation	Automatic by electric pump
Deflation	Automatic pressure release valve
Measurement method	Oscillometric method
Transmission method	**Bluetooth**® Low Energy
Wireless communication	Frequency range: 2.4 GHz (2400 ~ 2483.5 MHz) Modulation: GFSK Effective radiated power: < 20 dBm
Operating mode	Continuous operation
IP classification	Monitor: IP20 Optional AC adapter: IP22 for HHP-CH01, HHP-BH01 and HHP-BFH01, IP21 for other AC adapters
Rating	DC6 V 4 W
Power source	4 "AA" batteries 1.5 V or optional AC adapter (INPUT AC 100 - 240 V 50 - 60 Hz 0.12 - 0.065 A)
Battery life	Approximately 900 measurements (Using new alkaline batteries and included arm cuff. Depending on the type of battery and arm cuff.)
Durable period (Service life)	Monitor: 5 years Arm cuff: 5 years Optional AC adapter: 5 years
Operating conditions	+10 to +40°C / 15 to 90% RH (non-condensing) / 800 to 1060 hPa
Storage / Transport conditions	-20 to +60°C / 10 to 90% RH (non-condensing)
Contents	Monitor, arm cuff, 4 "AA" batteries, storage case, Instruction Manual (1) and (2), setup instructions, warranty card
Protection against electric shock	Internally powered ME equipment (when using only batteries) Class II ME equipment (optional AC adapter)
Weight (not including batteries)	Monitor: approximately 250 g Arm cuff: approximately 110 g
Dimensions (approximately value)	Monitor: 103 mm (W) × 82 mm (H) × 140 mm (L) Arm cuff: 146 mm × 466 mm (air tube: 610 mm)
Cuff circumference applicable to the monitor	17 to 42 cm (included arm cuff: 22 to 32 cm)
Memory	Stores up to 30 readings
Applied part	Type BF (arm cuff)

Note

- These specifications are subject to change without notice.
- This monitor is clinically investigated according to the requirements of EN ISO 81060-2:2014 and complies with EN ISO 81060-2:2014 and EN ISO 81060-2:2019+A1:2020. In the clinical validation study, KS was used on 85 subjects for determination of diastolic blood pressure.
- IP classification is degrees of protection provided by enclosures in accordance with IEC 60529. This monitor and optional AC adapter are protected against solid foreign objects of 12.5 mm diameter and greater such as a finger. The optional AC adapters (except for HHP-CH01, HHP-BH01 and HHP-BFH01) are protected against vertically falling water drops which may cause issues during a normal operation. The optional AC adapter HHP-CH01, HHP-BH01 and HHP-BFH01 are protected against dripping water droplets drops which may cause issues during a normal operation.
- Operation mode is classification in accordance with IEC 60601-1.

About a wireless communication interference
This product operates in an unlicensed ISM band at 2.4 GHz. In the event this product is used near other wireless devices such as microwave and wireless LAN, which operate on the same frequency band as this product, there is a possibility that interference may occur.
If interference occurs, stop the operation of the other devices or relocate this product away from other wireless devices before attempting to use it.

4. Guidance and Manufacturer's Declaration

- This blood pressure monitor is designed according to the European Standard EN1060, Non-invasive sphygmomanometers Part 1: General Requirements and Part 3: Supplementary requirements for electromechanical blood pressure measuring systems.
- Hereby, OMRON HEALTHCARE Co., Ltd., declares that the radio equipment type HEM-7143T1 is in compliance with Directive 2014/53/EU.
- The full text of the EU declaration of conformity is available at the following internet address:
  https://www.omronhealthcare-ap.com/ap/support
- This OMRON product is produced under the strict quality system of OMRON HEALTHCARE Co., Ltd., Japan. The Core component for OMRON blood pressure measurement, which is the Pressure Sensor, is produced in Japan.
- Please report to the manufacturer and the competent authority of the Member State in which you are established about any serious incident that has occurred in relation to this device.

Important information regarding Electromagnetic Compatibility (EMC)

HEM-7143T1 manufactured by OMRON HEALTHCARE Co., Ltd. conforms to EN60601-1-2:2015 Electromagnetic Compatibility (EMC) standard.
Further documentation in accordance with this EMC standard is available at:
Asia Pacific: https://www.omronhealthcare-ap.com/emc-information
Taiwan: https://www.omronhealthcare.com.tw/EMC
Korea: https://www.omron-healthcare.co.kr/product/HEM-7143T1
Refer to the EMC information for HEM-7143T1 on the website.

Correct Disposal of This Product (Waste Electrical & Electronic Equipment)

This marking shown on the product or its literature, indicates that it should not be disposed of, with other household wastes at the end of its working life.
To prevent possible harm to the environment or human health from uncontrolled waste disposal, please separate this product from other types of wastes and recycle it responsibly to promote the sustainable reuse of material resources.

Household users should contact either the retailer where they purchased this product, or their local government office, for details of where and how they can return this item for environmentally safe recycling.
Business users should contact their supplier and check the terms and conditions of the purchase contract. This product should not be mixed with other commercial waste for disposal.

The **Bluetooth**® word mark and logos are registered trademarks owned by Bluetooth SIG, Inc. and any use of such marks by OMRON HEALTHCARE Co., Ltd. is under license. Other trademarks and trade names are those of their respective owners. Apple and the Apple logo are trademarks of Apple Inc., registered in the U.S. and other countries and regions. App Store is a service mark of Apple Inc. Google Play and Google Play logo are trademarks of Google LLC.

使用說明書 1

電子血壓計

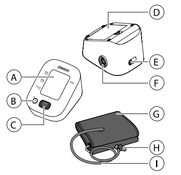
型號 HEM-7143T1

繁體中文

CE0197

使用前請閱讀使用說明書①和②。

如需符號資訊，請參閱另一份「使用說明書①」背面的「符號描述」。
使用前請務必詳閱原廠之使用說明書並遵照指示使用。
本產品涉及個人資料之蒐集、處理及利用，應遵守個人資料保護之規範。



Ⓐ **顯示**
Ⓑ **[Connection](記憶體) 按鈕**
Ⓒ **[START/STOP] 按鈕**
Ⓓ **電池蓋**
Ⓔ **AC 轉接頭**
Ⓕ **插孔**
Ⓖ **臂帶**
Ⓗ **進氣接頭**
Ⓘ **空氣管**

簡介

感謝您選購 OMRON 電子血壓計。本血壓計採用示波震盪法測量血壓。這表示，本血壓計可偵測您的肱動脈血液流動，並將血液流動轉換為數位數值。

安全指示

本使用說明書為您提供有關 OMRON 電子血壓計的重要資訊。為了確保您能安全正確地使用本血壓計，請閱讀並確實了解所有這些指示。**在使用本血壓計之前，若您對這些指示有任何不了解或疑問之處，請洽當地 OMRON 代表，如需個人血壓的詳細資訊，請諮詢醫師。**

用途

本產品是數位血壓計，主要用於測量成人患者族群的血壓及脈搏數。本產品會偵測測量過程中出現的不規則脈波，並會透過符號及測量結果來指出此結果。本產品主要適用於一般居家使用。

收貨與檢驗

請拆開本血壓計的包裝，並檢查是否有破損。若血壓計損壞，請勿使用並洽當地 OMRON 代表。

重要安全須知

使用本血壓計前，請閱讀使用說明書的重要安全須知。為了您的安全，請嚴格遵守本使用說明書。
請妥善保存本說明書，以便日後隨時查閱。如需個人血壓的詳細資訊，請諮詢醫師。

⚠警告 **表示否未避免，可能會導致人員死亡或重傷等具有潛在危險狀態之。**

- **嬰幼兒、兒童或無法表達個人意願的人，請勿使用本產品。**
- **請勿依據本產品的測量數值，自行調整藥物。請依醫師處方服藥；唯有醫師具備診斷及治療高血壓之資格。**
- **請勿在受傷的手臂上、或正在接受治療的手臂上使用本產品。**
- **請勿在靜脈滴注或輸血過程中套上手臂壓脹帶。**
- **請勿在有高頻率 (HF) 外科手術設備、核磁共振造影 (MRI) 或電腦斷層 (CT) 掃描儀的區域中使用本產品，以免導致血壓計運作異常或造成錯誤的讀數。**
- **請勿在多氧環境或可燃氣體附近使用本血壓計。**
- **若您有下列任何情況，在使用本產品之前請先諮詢您的醫師：心房或心室期外搏動或心房顫動等常見的心律不整、動脈硬化、灌流不佳、糖尿病、懷孕、妊娠毒血症、腎臟疾病。請注意，上述情況以及病患的動作、發抖或顫抖，可能會影響測量數值。**
- **絕對不要依據測量數值自行診斷或自行治療，請諮詢諮詢您的醫師。**
- **為避免窒息的發生，請讓空氣管和交流變壓器轉接插頭遠離嬰幼兒和兒童。**
- **本產品組成包含細小零件，若嬰幼兒和兒童不慎吞入，可能會造成哽塞危險。**

資料傳輸

- **本產品發射 2.4 GHz 頻段的射頻 (RF)。請勿在 RF 受限的位置使用本產品，例如在飛機上或醫院內。在 RF 受限的區域，請關閉此血壓計中的 Bluetooth® 功能，取出電池和/或拔下交流變壓器。**

交流變壓器（可選購配件）處理和使用

- **如果本產品或交流變壓器纜線受損，請勿使用交流變壓器。如果本產品或纜線受損，請關閉電源並立即拔下交流變壓器。**
- **將交流變壓器插入適當的電壓插座。請勿用於多插孔插頭。**
- **切勿用濕手插入或拔掉電源插座上的交流變壓器。**
- **請勿拆卸或嘗試修理交流變壓器。**

電池管理與使用

- **請將電池收在嬰幼兒與兒童接觸不到的地方。**

⚠注意 **表示若未避免，可能導致使用者或病患的輕度或中度受傷，或者設備或其他財產損壞等具有潛在危險的情況。**

- **若您發生皮膚發炎或不適，請停止使用本產品並諮詢您的醫師。**
- **使用本產品測量時，可能會導致下列人士的血流遭受暫時干擾：手臂上曾進行血管內通路、血管內療法或動靜脈 (A-V) 分流；也可能造成傷害，使用前請諮詢醫師。**
- **若您接受過乳房切除手術，使用本產品之前，請諮詢您的醫師。**
- **若您患有顯著血流量問題或血液病變，由於壓脹帶加壓時可能會造成瘀血，使用本產品之前，請諮詢您的醫師。**
- **請勿進行非必要的測量，否則可能會因為血流動不順暢而造成瘀血。**
- **如未在手臂上施緊手臂壓脹帶，請勿加壓。**
- **若測量時手臂壓脹帶未致動減壓，請取下手臂壓脹帶。**
- **本產品僅能用來測量血壓，請勿用於其他用途。**
- **測量時，請確認距離血壓計 30 cm 以內沒有行動裝置或其他會散發電磁場的電子裝置，以免導致本產品運作異常或造成血壓測數值不精確。**
- **請勿拆解或嘗試修理本產品及其他配件，否則可能會造成測量數值不正確。**
- **請勿在測量或可能讓水浸漬在本產品的地方使用，以免造成本產品損壞。**
- **請勿在移動中的交通工具（例如汽車）內或飛機上操作本血壓計。**
- **請避免讓本產品掉落地面或遭受強力撞擊、震動。**
- **請避免將本產品置於溫濕度或低溫度處，或者高溫、低溫處，請參閱第 3 節。**
- **測量過程中，觀察手臂以確保血壓計本體的血液循環造成長期損害。**
- **請勿在頻繁使用血壓計的場所，例如醫療診所或醫師診間，使用本產品。**
- **請勿與其他醫療電氣 (ME) 設備同時使用，以免導致裝置運作異常或造成錯誤數值不精確。**
- **在進行測量之前至少 30 分鐘，請避免沐浴、飲酒或喝咖啡、抽煙、運動與進食。**
- **測量血壓前請休息至少 5 分鐘。**
- **測量時，請將起手臂上的緊身或厚重衣物，並取下任何飾品。**
- **測量時請保持身體靜止不動，並且請勿交談。**
- **如果測量不在壓脹帶過用期間內，請勿使用手臂壓脹帶。**
- **在測量血壓之前，請讓起本產品已在常溫狀態。在極端溫度變化下測量血壓，可能導致測量數值不準確。若血壓計是在最高或最低的存放溫度下收納，那麼在您使用血壓計之前，OMRON 建議您將其靜置於符合使用環境條件的溫度中約 2 小時，以讓血壓計溫度調整到常溫。若需使用環境條件和存放/運輸溫度的進一步資訊，請參閱第 3 節。**
- **請勿在超過耐用期間之後使用本產品。請參閱第 3 節。**
- **請勿過度擠壓手臂壓脹帶或空氣管。**
- **請勿將手臂、腕勿折疊或扭結空氣管。這可能會阻礙血流，造成傷害。**
- **若要拔下進氣接頭，請拉動空氣管底部的塑膠接頭，而不是空氣管本身。**
- **只能使用本產品指定的交流變壓器、手臂壓脹帶、電池和配件。使用規格不符的交流變壓器、手臂壓脹帶和電池可能對本產品造成損傷及/或危險。**
- **只能對本產品使用規格內的手臂壓脹帶。使用此類手臂壓脹帶可能會導致數值錯誤。**
- **加壓至不必要的高壓，可能導致過壓壓脹帶的手臂受傷。注意：如果您多資訊，請參閱使用說明書 ② 第 8 節中的 「如果您的收縮壓超過 210 mmHg」。**

資料傳輸

- **在數值正在被傳輸到智慧型裝置時，請勿更換電池或拔掉交流電源變壓器，這可能導致本產品的操作不正確以及無法傳輸您的血壓數據。**

交流變壓器（可選購配件）處理和使用

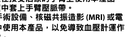
- **將交流變壓器完全插入插座。**
- **從插座上拔下交流變壓器時，請務必透過交流變壓器安全拉出，請勿透過交流變壓器纜線拉出。**
- **操作交流變壓器纜線時：**
  請勿捆綁。
  請勿折斷。
  請勿擰自改動。
  請勿扭曲。
  請勿強行彎擺或拉扯。
  請勿扭曲。
  如被捆綁在一起，請不要使用。
  請勿將其置於重物下。
- **接去交流變壓器上的灰塵。**
- **不使用時請拔下交流變壓器。**
- **在清潔本產品之前，請拔下交流變壓器。**

電池管理與使用

- **請對準電池的正負極性位置，正確裝入電池。**
- **本產品僅能使用 4 顆「AA」鹼性電池或鋰電池。切勿使用其他類型的電池，請勿同時混用新、舊電池。請勿同時使用不同品牌的電池。**
- **若長時間不使用本產品，請取出電池。**
- **若電池液不慎觸及眼睛，請立即使用大量清水冲洗，並立刻諮詢您的醫師。**
- **若電池液不慎觸及皮膚，請立即使用大量清水冲洗，並立刻諮詢您的醫師。**
- **若電池液不慎觸及皮膚，請立即使用大量清水冲洗，如果刺激、受傷或疼痛持續發生，請諮詢醫師。**
- **請勿使用過期的電池。**
- **請定期檢查電池，以確保電池可正常運作。**

一般注意事項

- 當在右臂上進行測量時，空氣管應位於肘部的一側。小心不要將手臂置在空氣管上。



- 右臂和左臂之間的血壓可能不同，並可能導致不同的測量值。請持續使用相同的手臂進行測量。如果左右手臂的測量值出現極大差異，請向醫師確認應使用哪一隻手臂來測量血壓。
- 使用選購的交流變壓器時，切勿將血壓計放置在難以插入和拔出交流變壓器的位置。
- 若要停止測量，請測量期間按下 [START/STOP] (開始 / 停止) 按鈕。

電池管理與使用

- 應根據當地法規丟棄舊電池。
- 包裝所隨附電池的使用壽命，可能比新電池短。

1. 錯誤訊息與疑難排解

如果在測量過程中出現以下任何問題，請檢查以確保距離血壓計 30 公分範圍內沒有其他電氣設備。如果問題仍然存在，請參閱下表。

顯示／問題	可能原因	應變處理
未按緊手臂壓脹帶時按下 [START/STOP] (開始 / 停止) 鍵。	請再次按下 [START/STOP] (開始 / 停止) 鍵關閉血壓計。	
進氣接頭未完全插入血壓計。	牢固插入進氣接頭。	
未正確地好手臂壓脹帶。	以正確方式捲繞手臂壓脹帶，然後進行另一次測量。請參閱使用說明書的第 6 節 ②。	
手臂壓脹帶出現漏氣問題。	更換新的手臂壓脹帶。請參閱使用說明書的第 12 節 ②。	
您在測量過程中移動或說話。手臂壓脹帶未充分加壓。	測量時請保持身體靜止不動，並且請勿交談。如果出現訊息「E2」，請手動替手臂壓脹帶加壓，直到收縮壓比之前的數值高 30 至 40 mmHg。請參閱使用說明書的第 8 節 ②。	
由於收縮壓高於 210 mmHg，無法進行測量。		
測量時身體晃動或談。震動會干擾測量。	測量時請保持身體靜止不動，並且請勿交談。	
以正確方式捲繞手臂壓脹帶，然後進行另一次測量。請參閱使用說明書的第 6 節 ②。		
未正確偵測脈搏數。	測量時請保持身體靜止不動，並且請勿交談。	
若「」符號持續顯示，我們建議您諮詢您的醫師。		
再按一次 [START/STOP] (開始 / 停止) 鍵。若「Er」仍出現，請洽當地的 OMRON 代表。		
血壓計故障。		
血壓計無法正確連接至智慧型裝置或傳輸數據。	請選擇「OMRON connect」應用程式中顯示的說明。若在檢查應用程式後「Err」仍出現，請聯絡您當地的 OMRON 代表。	
血壓計正在等待與智慧型裝置配對。	請參閱使用說明書的第 5 節 ②。若您的血壓計與您的智慧型裝置配對，或按 [START/STOP] (開始 / 停止) 鍵取消配對並關閉血壓計。	
無法傳輸超過 24 個數值。	配對或傳輸您的數據到「OMRON connect」應用程式。以便您將它們保存在應用程式的記憶體中，然後此訊息將被消失。	
無法設定日期和時間。		
已有 30 組未傳輸的數值。		

顯示／問題	可能原因	應變處理
閃爍	電力不足。	建議將 4 節電池全部更換為新電池。請參閱使用說明書的第 3 節 ②。
及 顯示，或測量時血壓計意外關機。	電力耗盡。	請立即將 4 節電池全部更換成新電池。請參閱使用說明書的第 3 節 ②。
血壓計螢幕未出現任何畫面。	電力耗盡。	
	未正確對準電池極性位置。	檢查電池是否適當安裝。請參閱使用說明書的第 3 節 ②。
顯示的數值極高或極低。	血壓會不斷變化，許多因素都會影響血壓，包括壓力、時間及／或您捲繞手臂壓脹帶的程度。請檢閱使用說明書的第 2 節 ②。	
將出現任何其他通訊問題。	遵循智慧型裝置中顯示的說明，或造訪「OMRON connect」應用程式中的「說明」部份。若問題仍然存在，請洽當地的 OMRON 代表。	
發生任何其他問題。	請按下 [START/STOP] (開始 / 停止) 鍵關閉血壓計電源，接著重新開啟，進行另一次測量。若問題持續發生，請取出所有電池，並等待 30 秒，再重新安裝電池。若問題仍然存在，請洽當地的 OMRON 代表。	

關於無線通訊干擾
產品內建藍牙選項，可用於連線行動裝置上的專用應用程式，以將行動裝置的日期 / 時間數據同步至產品，並將產品上的測量數據同步到行動裝置。使用者可自行決定是否進一步處理行動裝置上的數據。本產品在 2.4 GHz 的未授權 ISM 頻段中運行，任何其它方皆可能到意或意外獲載此頻段的無線電波，用於任何未知目的。如果本產品在運行時所處頻段與本產品相同的其他無線裝置（如微波爐和無線區域網）附近使用，則可能會發生干擾。如果發生干擾現象，在使用本產品前請先停止操作其他裝置，或調整本產品的放置地點。使其遠離其他無線裝置。
根據 NCC LP0002 低功率射頻器材技術規範，章節 3.8.2：
取得審驗證明之低功率射頻器材，非經核准，公司、商號或使用者均不得擅自變更頻率、加大功率或變更原設計之特性及功能。低功率射頻器材之使用不得影響飛航安全及干擾合法通信；經發現有干擾現象時，應立即停用，並改善至無干擾時方得繼續使用。前述合法通信，指依電信管理法規定作業之無線電通信。低功率射頻器材須忍受合法通信或工業、科學及醫療用電波輻射性電機設備之干擾。

4. 指引與製造商聲明

- 本血壓計之設計符合歐洲標準 EN 1060 非侵入式血壓計—第 1 部：一般規定以及第 3 部：機電式血壓量測系統的補充規定。
- OMRON HEALTHCARE Co., Ltd. 在此聲明，HEM-7143T1 無線電設備類型符合第 2014/53/EU 號指令。
- 歐盟合規性聲明全文可於下列網址取得：
  https://www.omronhealthcare-ap.com/ap/support
- 本 OMRON 產品是依 OMRON HEALTHCARE Co., Ltd., Japan 嚴格的品質管制系統所生產。壓力感測器為本產品，作為 OMRON 血壓計的核心元件。
- 請向您所在成員國的製造商和主管當局報告與該裝置有關的任何嚴重事故。

關於電磁相容性 (EMC) 之重要資訊

OMRON HEALTHCARE Co., Ltd. 製造的 HEM-7143T1 符合 EN 60601-1-2:2015 之電磁相容性 (EMC) 標準。
符合此 EMC 標準的其他文件位在：
亞太地區：
https://www.omronhealthcare-ap.com/emc-information
台灣：https://

表示 / 문제	발생 원인	대처 방법
E5 표시	맥박이 올바르게 감지되지 않았습니다.	사용설명서 (2)의 6 를 참조하여 커프를 다시 착용하여 측정하여 주십시오. 측정 중에는 움직이거나 말을 하지 말아 주세요.
표시 측정 중에 점멸하지 않습니다.	• "맥박" 마크가 계속 표시될 경우에는 의사와 상담하여 주십시오.	
Er 표시	기기 이상에 의한 고장입니다.	오므론 고객서비스 센터 (1544-5718) 로 수리를 문의하여 주십시오.
E rr 표시	"OMRON connect" 앱에 나와있는 지침을 따르십시오. 앱을 확인한 후에도 "Err" 가 계속 표시되는 경우에는 오므론 고객서비스 센터 (1544-5718) 로 문의하여 주십시오.	
P 점멸	본 혈압계와 스마트폰과 연동 (페어링) 에 관한 내용은 사용설명서 (2)의 5 를 참조하여 주십시오. 연결 (페어링) 을 최소하는 경우에는 [START/STOP] (시작 / 정지) 버튼을 눌러 주십시오.	
점멸	혈압계에 저장된 24 개 이상의 측정값이 앱에 전송되어 있지 않습니다. "OMRON connect" 앱을 실행하여 본 혈압계에 저장된 측정값 전송을 전송하면 화면에서 표시되지 않습니다.	
점멸	날짜와 시간이 설정되지 않았습니다.	혈압계에 저장된 30 개 이상의 측정값이 앱에 전송되어 있지 않습니다.
점멸	건전지 잔량이 부족합니다.	건전지 4 개를 모두 새 건전지로 교체할 것을 권장합니다. 사용설명서 (2)의 3 를 참조하여 주십시오.
A1 및 표시되는 측정 중에 혈압계가 갑자기 꺼집니다.	건전지가 모두 소모되었습니다.	건전지 4 개를 모두 새 건전지로 교체하여 주십시오. 사용설명서 (2)의 3 를 참조하여 주십시오.
	건전지가 모두 소모되었습니다.	건전지 4 개를 모두 새 건전지로 교체하여 주십시오.
LCD 화면에 아무것도 표시되지 않습니다.	건전지의 극성이 올바른 방향으로 삽입되었는지 확인하여 주십시오. 사용설명서 (2)의 3 를 참조하여 주십시오.	
측정값이 너무 높거나 너무 낮습니다.	혈압은 스트레스, 측정시각, 커프의 착용 상태등의 여러 요인에 따라 변동되기 쉽습니다. 본 기기의 오차는 건전지를 모두 제거하여 약 30 초 후에 다시 삽입하여 주십시오. 위의 방법으로도 해결되지 않을 경우에는 오므론 고객서비스 센터 (1544-5718) 로 문의하여 주십시오.	
기타 통신 문제가 생깁니다.	스마트폰에 표시되는 지침을 따르거나, "OMRON connect" 앱에 있는 "도움말" 메뉴에 추가적인 도움을 받으십시오. 문제가 해결되지 않는 경우에는 오므론 고객서비스 센터 (1544-5718) 로 문의하여 주십시오.	
	[START/STOP] (시작 / 정지) 스위치를 다시 눌러 처음부터 다시 시작하여 주십시오. 문제가 지속되면 건전지를 모두 제거하여 약 30 초 후에 다시 삽입하여 주십시오. 위의 방법으로도 해결되지 않을 경우에는 오므론 고객서비스 센터 (1544-5718) 로 문의하여 주십시오.	

2. 유지관리 및 보관

2.1 유지관리

손상으로부터 제품을 보호하기 위해서 아래의 지침을 따라 주십시오 :

- 사용자의 임의 개조 및 수리를 한 경우, 제품에 이상이 발생하여도 품질보증 대상에서 제외됩니다.

⚠ 주의

- 본 혈압계 및 구성품을 임의로 분해하거나 수리하지 마십시오. 정확한 측정을 할 수 없습니다.

2.2 보관

제품을 사용하지 않을 때에는 보관 케이스에 넣어 보관하여 주십시오 .

1. 커프는 본체에서 분리하여 보관하여 주십시오 .

⚠ 주의

- 본체에서 커프를 분리하는 경우에는 에어튜브를 잡지 말고 에어플러그를 잡고 분리하여 주세요 .

2. 에어튜브를 커프에 가볍게 감아서 넣습니다 .

참고

- 에어튜브를 무리하게 꺾거나 휘지 마십시오 .

3. 본체와 구성품을 보관용 케이스에 넣어 보관하여 주십시오 .

다음과 같은 곳에는 보관하지 마십시오.

- 혈압계와 다른 구성품이 젖어 있는 경우 .
- 극한 온도 (고온 , 저온), 습기 , 직사광선 , 먼지 , 표백제와 같은 분식성 기스에 노출된 곳 .
- 진동이나 충격에 노출된 곳일 경우 .

2.3 청소

- 에어케이 튜빙 세제를 사용하지 마십시오 .
- 본체와 커프는 부드럽고 마른 천으로 닦아내거나 , 부드럽고 마른 천에 중성비누를 묻혀 닦아낸 후 , 마른 천으로 다시 한번 더 닦아 주십시오 .
- 혈압계와 팔 커프 또는 기타 구성품을 씻거나 물에 담그지 마십시오 .
- 본체와 커프 또는 구성품은 휘발유 , 벤젠 , 시너 등을 사용하여 닦지 말아 주십시오 .

2.4 보정 및 정비

- 본 혈압계의 정확도는 신중하게 테스트되었으며 오래 사용할 수 있도록 설계되었습니다 .
- 올바른 작동과 정확도를 유지하려면 2 년에 한번씩 정기적으로 검사를 하는 것이 좋습니다 . 오므론 고객서비스 센터 (1544-5718) 로 문의하여 주십시오 .

3. 사양

제품명	오므론 자동전자혈압계
모델명	HEM-7143T1
표시방식	LCD 디지털 디스플레이
커프 압력 범위	0~299mmHg
혈압 측정 범위	수축기 : 60~260mmHg 확장기 : 40~215mmHg
맥박 측정 범위	40~180 회 / 분
측정 정확도	압력 : ±3mmHg 맥박 : 측정 수치의 ±5%
가압	펌프에 의한 자동 가압 방식
감압	자동 압력 해제 밸브
측정 방식	오실로메트릭 방식 (진동법)
전송 방식	**Bluetooth®** 저 에너지
무선 통신	주파수 범위 : 2.4GHz (2400 - 2483.5MHz) 변조 : GFSK 실효 복사 전력 < 20dBm
작동 모드	연속 작동
IP 보호 등급	본체 : IP20 별매품 AC 어댑터 : HHP-OH01, HHP-BH01 및 HHP-BFH01 용 IP22, 기타 AC 어댑터용 IP21
정격	DC6 V 4 W
전원	AA 사이즈 건전지 4 개 1.5V 도는 전용 AC 어댑터 (별매품 , 입력 : 100 - 240V 50 - 60Hz 0.12 - 0.065A)
건전지 수명	약 900 회 측정 (새 알카라인 건전지 및 포함된 앞 커프 사용 , 건전지 및 앞 커프 유형에 따라)
장치 수명	본체 : 5 년 커프 : 5 년 옵션 AC 어댑터 : 5 년 (장치수명은 무상보증 기간을 적용하는 것은 아닙니다)
사용 환경	+10~+40℃/15~90% RH(불응축 상태 기준)/800~1060hPa
보관 / 운송 환경	-20~+60℃/10~90% RH(불응축 상태 기준)
구성품	본체 , 커프 , 시험용 건전지 , 보관용 케이스 , 사용설명서 (1)및 (2), 오므론 커넥트 설치 가이드 , 보증서 카드
건기충격 보호	내부 전원 ME 기기 (건전지를 사용하는 경우) 클래스 II ME 기기 (별매품 AC 어댑터를 사용하는 경우)
무게 (건전지 제외)	본체 : 약 250g 커프 : 약 110g
치수	본체 : 103mm(W) × 82mm(H) × 140mm(L) 커프 : 166mm × 466mm (에어 튜프 : 660mm)
사용 가능 팔둘레	17~42 cm (암 커프 포함 : 22~42 cm)
메모리	30 회
전기 보호	BF 형 장착부

참고

- 사양은 사전 고지 없이 변경될 수 있으므로 양해해 주시기 바랍니다 .
- 본 혈압계는 EN ISO 81060-2:2014 의 요건에 따라 임상평가를 진행하였고 EN ISO 81060-2:2014 및 EN ISO 81060-2:2019+A1:2020 을 준수합니다 . 제 5 상 임상성능에서 확장기 혈압 (최저혈압) 을 확인하기 위해서 85 명의 피험자에게 사용되었습니다 .
- IP 분류는 IEC 60529 에 따라 외함의 제공하는 보호 등급입니다 . 본 모니터 및 옵션 AC 어댑터는 지름이 12.5mm 이상인 먼지 등 이고 IP 22 등급에 포함됩니다 . 옵션 AC 어댑터 (HHP-OH01, HHP-BH01 및 HHP-BFH01 제외) 는 정상 작동 중에 문제를 일으킬 수있는 수직으로 떨어지는 물방울로부터 보호됩니다 . 옵션 AC 어댑터 (HHP-OH01, HHP-BH01 및 HHP-BFH01 은 정상 작동 중에 문제를 일으킬 수있는 비스듬한 떨어지는 물방울로부터 보호됩니다 .
- 작동 모드는 IEC 60601-1 에 따라 분류되어 있습니다 .

무선 통신 간섭에 관하여

이 제품은 2.4GHz 의 사용이 허가되지 않은 ISM 대역에서 작동합니다 . 이 제품과 동일한 주파수 대역에서 작동하는 전자레인지와 무선 LAN 등 다른 무선기기 주변에서 제품을 사용 한 경우 이 제품과 다른 기기 간에 간섭이 발생할 수 있습니다 .
이러한 간섭이 발생하는 경우 이 제품을 사용하기 전에 다른 기기를 작동하지 않고 제품의 위치를 변경합니다 . 도움이 더 제품을 다른 무선기기 주변에서 사용하지 않습니다 .

4. 지침 및 제조업체 선언

- 본 혈압계는 유럽규격 EN 1060, 비침습식 혈압계 제 1 부 : 일반 요구사항 및 제 3 부 : 전자기계식 혈압측정장치에 대한 추가 요구사항에 따라 설계되었습니다 .
- OMRON HEALTHCARE Co., Ltd. 의 HEM-7143T1 는 지침 2014/53/ EU 를 준수하을 선언합니다 .
- EU 적합성 선언서는 다음 인터넷 주소에서 확인할 수 있습니다 : https://www.omronhealthcare-ap.com/support
- 오므론 혈압은 일본 OMRON HEALTHCARE Co., Ltd. 의 엄격한 품질 시스템에 따라 생산됩니다. 오므론 혈압계의 평균 수명은 일본에서 생산됩니다.
- 본 기기의 관련하여 발생한 중대 사건에 대해서는 귀하가 속한 국가의 제조업 업체 및 관할 당국에 보고하십시오.

전자기파 적합성 (EMC) 에 관한 중요 정보

OMRON HEALTHCARE Co., Ltd. 에서 제작한 HEM-7143T1 는 EN 60601-1-2:2015 전자기파 적합성 (EMC) 표준을 준수합니다. 이 EMC 표준에 부합하는 추가 설명서는 다음에서 보실 수 있습니다 :
이사이 태평양 :
https://www.omronhealthcare-ap.com/emc-information
대만 : https://www.omronhealthcare.com.tw/EMC
한국 : https://www.omronhealthcare.co.kr/product/HEM-7143T1
위의 웹 사이트에서 HEM-7143T1T 의 EMC 의 정보를 참조하십시오 .

이 제품의 올바른 폐기 방법 (전기 , 전자제품의 폐기)

이 마크는 제품이나 인쇄물에 표기되어 있으며, 게 품의 수명이 끝나 폐기할 경우에 기타 다른 가정용 폐기품과 함께 폐기를 금하는 표시입니다. 무분별한 폐기로 인하여 환경오염이나 인체에 해를 끼칠 수 있으니, 다른 폐기품과는 별도로 구분해 주시기 바라며 재사용이 가능한 자원의 남비를 막기 위해 재활용해 주시기 바랍니다.
개인 소비자께서는 안전한 환경에서 이 제품이 재활용 될 수 있도록 공급처나 구입처 , 가까운 지방관청에 제품의 폐기 방법을 문의해 주시기 바랍니다.
기업 소비자들은 공급자에게 연락을 하시고 공급계약의 약관을 확인해주시기 바랍니다. 이 제품은 절대 다른 소비재 폐기품과 함께 버려져서는 안됩니다.

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Importer in Republic of Korea
수입판매원

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오므론 고객서비스 센터 (1544-5718)

사용설명서 작성년월: 2022-05

레벨 1

레벨 2

레벨 3

레벨 4

레벨 5

레벨 6

레벨 7

레벨 8

레벨 9

레벨 10

레벨 11

레벨 12

레벨 13

레벨