



bodisure

# Massage Gun Pro

HANDHELD MUSCLE MASSAGER

Model: BMGPRO

## Instruction Manual & Warranty Information



Read Instructions Carefully Before Use

Thank you for purchasing this *BodiSure Massage Gun Pro*

Model: BMGPRO



bodisure

Massage Gun Pro

HANDHELD MUSCLE MASSAGER

Please keep this instruction manual in a safe place where it is readily available.

*Note: The illustrations in this manual may differ slightly from the product itself.*

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# Important Safety Information



Read this section thoroughly before using the product.

Please ensure you observe the safety instructions to avoid accidents, injury and damage.

## Intended purpose

- The **BodiSure Massage Gun Pro** stimulates soft tissue through deep and powerful vibration stimulation and relaxes stiff muscle groups.
- The **BodiSure Massage Gun Pro** is a non-professional appliance designed for private use.
- This product is not intended for use by children.
- This product is not intended for use by persons with limited physical, sensory, or mental abilities or lacking experience and/or knowledge, unless they are supervised by a person responsible for their safety or have received and understand the instructions/ safety warnings for use of the product from this person in advance.
- Do not use this product for anything other than its intended purpose and only use as described in this manual.

*This product is not a therapeutic device. Do not use as a substitute for medical attention.*

## Safety Warnings

- **DO NOT** use the product with any electronic medical devices e.g. implants such as pacemakers; life support systems; or devices attached to the body such as ECG machines, as the product may cause the devices to malfunction which could result in death or serious injury.
- Keep the product and its components out of reach of children. **DO NOT** let children play with the product.
- Keep children away from packaging material. Ensure that the packaging bag is not put over the head as this is a suffocation hazard or choking hazard if swallowed.
- **DO NOT** use if you have artificial joints.
- **DO NOT** use on open wounds or broken skin.
- **DO NOT** use on swollen or inflamed areas or skin eruptions.
- **DO NOT** leave the product unsupervised while it is connected to the power supply.
- **DO NOT** use directly on the skin. Use on the dry surface of the body over clothing or other material.
- Bruising can occur regardless of the control setting or pressure applied.
- The appliance has a heated surface. Persons insensitive to heat must be careful when using the appliance.

## Important Safety Information – continued

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- Check treated areas frequently and immediately stop using the product at the first sign of pain or discomfort.
- Keep fingers, hair, or any other body part away from the shaft and backside of the applicator as pinching may occur.
- **DO NOT** use on the head or any bony areas of the body.
- In the following cases, **DO NOT** use the product unless you have consulted your healthcare professional prior to use:
  - if you are pregnant
  - if you have diabetes
  - If you have serious peripheral neuropathy dysfunction
  - If you have had recent surgery
  - if you feel any pain or discomfort
  - suffering from malignant tumors
  - suffering from cardiac diseases
- **DO NOT** operate under a blanket or pillow. Excessive heating can occur and cause injury.
- **DO NOT** use while driving.
- **DO NOT** use the product for more than 15 minutes at a time. The product will automatically stop after 15 minutes.
- Excessive use is **NOT** recommended.
- Only use with the supplied head attachments.

### Warnings

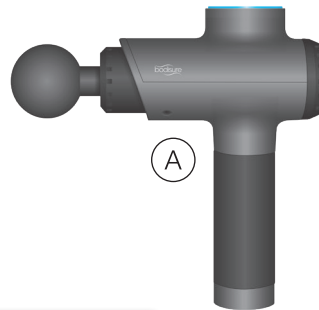
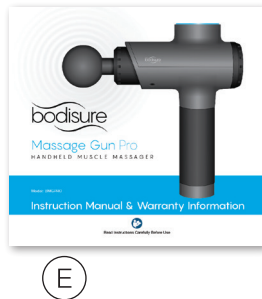
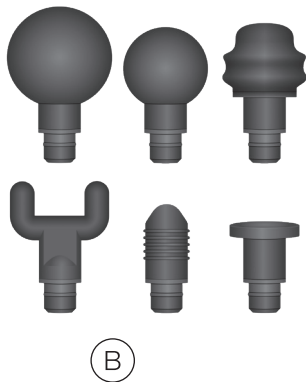
- **DO NOT** insert any objects into the motor cooling holes.
- **DO NOT** use the device while charging.
- **DO NOT** expose the product to temperatures of over 60°C.
- **DO NOT** immerse in water or other liquids.
- Keep away from liquids such as water or any harsh chemicals or cleaning agents.
- The device is **ONLY** to be used with the supplied AC adapter.
- Unplug the charger from the device after charging or before use.
- If the supplied power cord is damaged, it must be replaced by the manufacturer, its service agent, or a similarly qualified person to avoid a hazard.

## Features

- Powerful Brushless High-Torque Motor
- 5 Speed Adjustable Intensity
- 2000 mAh Rechargeable Battery
- 6 Interchangeable Massage Heads
- 15 Minute Timer
- Cordless and Lightweight
- Comfortable Grip Handle

## Package Contents

- A. 1 x Massage Gun Pro
- B. 6 x Massage Heads
- C. 1 x AC Adaptor
- D. 1 x Storage Case
- E. 1 x User Manual & Warranty Information



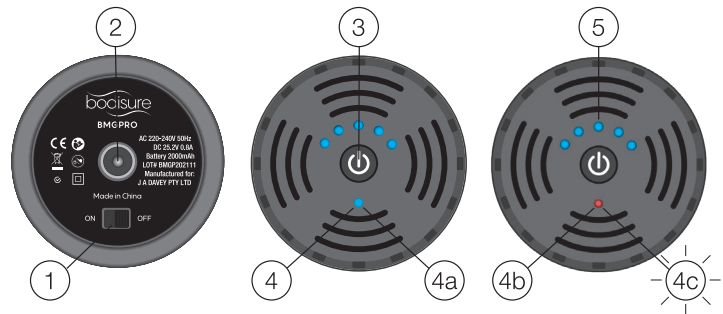
## BodiSure Massage Gun Pro Components

1. Main Body
2. Detachable Massage Head (1 of 6)
3. Ventilation Port/Power Indicator
4. Speed Adjustment and Indicator Display
5. 2000 mAh Rechargeable Li-ion Battery
6. Charging Port



## BodiSure Massage Gun Pro Display

1. **ON/OFF** button
2. Charging Port
3. Power Increase Button
4. Battery Power Indicator:
  - a. “Constant” **BLUE** – Battery Fully Charged
  - b. “Quick Flashing” **RED** – Battery Low
  - c. “Slow Flashing” **RED** – Battery Charging
5. Speed Indicators (1-5)



## Adjustable Speed Settings

**Level 1:** 1800RPM | **Level 2:** 2050RPM | **Level 3:** 2300RPM | **Level 4:** 2550RPM | **Level 5:** 2800RPM

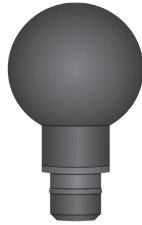
## Interchangeable Attachment Heads

Provides targeted pain relief, and soothes, and relaxes muscles on different parts of the body:



**Large Ball  
Massage Head**

Back & Buttocks



**Small Ball  
Massage Head**

Arms, Thighs  
& Calves



**Umbrella  
Massage Head**

All parts of the body



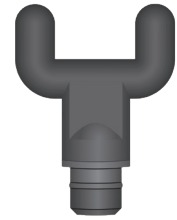
**Flat  
Massage Head**

Relaxation &  
Muscle shaping



**Bullet  
Massage Head**

Meridians, Palms  
& Soles



**U-Shaped  
Massage Head**

Neck, Spine and  
Achilles Tendon

## Replacement Accessories

Part Code	Part Name
BMGPRO-LB	Large Ball Massage Head - Pro
BMGPRO-SB	Small Ball Massage Head- Pro
BMGPRO-UM	Umbrella Massage Head - Pro
BMGPRO-FL	Flat Massage Head - Pro
BMGPRO-BU	Bullet Massage Head -Pro
BMGPRO-US	U Shaped Massage Head -Pro

**Replacement accessories can be purchased online  
or by contacting us directly:**

**Australia: 1800 807 464 or [www.jadavey.com.au](http://www.jadavey.com.au)**

**New Zealand: 0800 523 583 or [www.jadavey.co.nz](http://www.jadavey.co.nz)**



## Before Using the Massage Gun Pro

Carefully remove all packaging materials and keep the enclosed documents in a safe place.





- **Keep the packaging, product, and its components out of reach of children.**
- Check the product and accessories are undamaged and in working order.  
**DO NOT** use if any part is damaged or broken.
- Ensure the battery is attached securely to the base of the unit.
- Ensure the product is fully charged. (Refer to *Charging the Massage Gun Pro* on page 10)

**If any abnormalities are detected, please contact our service centre:**

**In Australia – 1800 807 464**

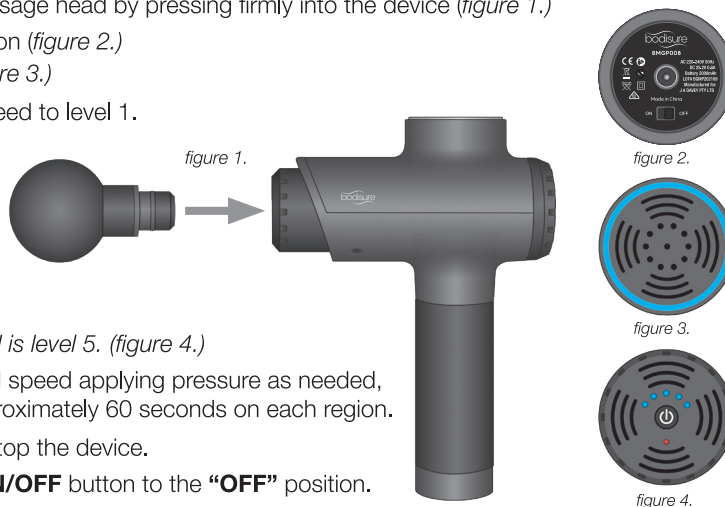
**In New Zealand – 0800 523 583**

## Using the Massage Gun Pro

- With the unit off, fully insert the preferred massage head by pressing firmly into the device (*figure 1.*)
- Move the **ON/OFF** button to the **“ON”** position (*figure 2.*)  
– The Power Indicator will light up **BLUE** (*figure 3.*)
- Press the power  button once to adjust speed to level 1.
- Press the Power  button again to adjust speed to levels 2, 3, 4 and 5 (maximum).
- Press  again, to loop back through each speed level.
- The number of **BLUE** LED lights indicate which speed level the device is set on.  
– *Minimum speed is Level 1, Maximum speed is level 5. (figure 4.)*
- Massage the desired body part at the desired speed applying pressure as needed, moving across the body’s soft tissue for approximately 60 seconds on each region.
- Hold the Power  Button for 3 seconds to stop the device.
- Once the massage is complete, move the **ON/OFF** button to the **“OFF”** position.

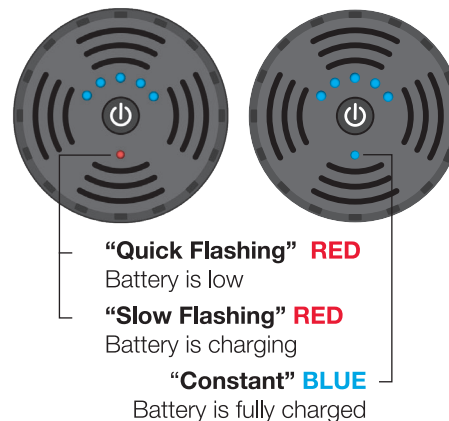
**Notes:** The device automatically turns off when using for 15 minutes continuous operation to prevent overheating. Press the power button again to continue using.

**Warning:** Do not use directly on the skin. Use on the dry surface of the body over clothing or other material.



## Charging the Massage Gun Pro

- For the first time charging, please ensure the device is fully recharged.
- When the battery power is low, the Battery Charger Indicator will **QUICKLY FLASH RED**
- To recharge, plug the adapter into the wall outlet and connect the charging adapter to the device's charging port.
- Battery Charger Indicator will continuously flash **RED** while charging.
- The battery will take approximately 4 hours to fully charge.
- The Battery Power Indicator will change to Constant **BLUE** when fully charged.
- The battery working time is approximately 4-8 hours but can vary as determined by the speed level being used and the pressure being applied during use.
- The battery can be recharged at any time and at any battery level.



## Maintenance

### Cleaning

- Before cleaning or maintaining the massage gun, make sure it is disconnected from the power socket.
- Clean the product with a damp cloth and dry with a soft, dry cloth.
- **DO NOT** use liquids such as water or any harsh chemicals or cleaning agents.

### Storage

- Wipe away any dirt or dust from the product.
- Turn off the **ON/OFF** button and store inside the supplied portable case.
- Store in a safe, cool, dry place away from children as per Safety Warnings.

# Troubleshooting

Problem	Possible Cause	Solution
Product cannot be powered	Battery has run out of power	Re-charge the battery
The unit automatically turns off	If the unit is used for more than 15 minutes continuous operation, it will automatically turn off.	Turn on again
	Pressing force may be too strong on the skin	

If the problem is not solved by the troubleshooting guide or you have any queries, please contact our service centre:

**In Australia** - 1800 807 464

**In New Zealand** - 0800 523 583

**DO NOT** attempt to open or repair the product yourself.



# Warranty Form

PLEASE RETAIN THE WARRANTY INFORMATION.  
RETURN THIS PORTION ONLY WHEN YOU RETURN YOUR PRODUCT FOR REPAIR UNDER WARRANTY.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

POSTCODE: \_\_\_\_\_

DAYTIME PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

MODEL: \_\_\_\_\_

DATE OF PURCHASE:     /     /

PLEASE ATTACH PROOF OF PURCHASE

RETAILER'S NAME: \_\_\_\_\_

RETAILER'S ADDRESS: \_\_\_\_\_

POSTCODE: \_\_\_\_\_

BRIEF DESCRIPTION OF PROBLEM YOU ARE EXPERIENCING:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

WARRANTY IS VOID UNLESS THE ABOVE INFORMATION IS COMPLETED AND CORRECT.







Instruction Manual & Warranty Information

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# Technical Data

<b>Product Name</b>	<b>BodiSure Massage Gun Pro</b>
<b>Model Number</b>	BMGPRO
<b>Model Colour</b>	Grey
<b>Power</b>	20.16W
<b>Input</b>	AC 220-240V 50Hz
<b>Output</b>	DC 25.2V 0.8A
<b>Battery</b>	2000mAh
<b>Speed Levels</b>	1 – 5 Adjustable Speed
<b>Frequency</b>	1800 - 2800 rpm
<b>Charging Time</b>	Approx. 4 HRS
<b>Auto Timer</b>	15 Mins.
<b>Noise</b>	<60dB
<b>Operating Conditions</b>	 Temperature: 0°C to +40°C  Humidity: 15% – 70% (non-condensing)  Atmospheric Pressure: 860hPa-1060hPa
<b>Storage/ Transport Conditions</b>	 Temperature: -10°C to +45°C  Humidity: 15% – 70% (non-condensing)  Atmospheric Pressure: 860hPa-1060hPa
<b>Dimensions</b> (out of packaging)	178 x 66 x 245.2mm
<b>Weight</b> (out of packaging)	1.15kg (not including the charger)
<b>Weight</b> (in packaging)	Gross 2.05kg
<b>Materials</b>	ABS plastic and metal
<b>Contents</b>	BodiSure Massage Gun Pro, 6 x Massage Heads, x1 AC Adaptor, Storage Case, User Manual & Warranty Information











Should you require any further information  
please do not hesitate to contact us.

**IN AUSTRALIA:**

J A DAVEY PTY LTD

Telephone: 1800 807 464

Website: [www.jadavey.com.au](http://www.jadavey.com.au)

**IN NEW ZEALAND:**

J A DAVEY LTD

C/- Healthcare Logistics

Telephone: 0800 523 583

Website: [www.jadavey.co.nz](http://www.jadavey.co.nz)

## Disposal

At the end of its life, please treat this product as electronic waste and dispose of responsibly according to current local regulations.

Made in China

V06/22

